

A Social
Cohesion
Community
Programme by



Venue Host



Supporting Partner

Community Bank
Darling Square
Bendigo Bank
Sydney's Leading Community Bank

Sporting
Partner



AFT International SPORTS FITNESS FESTIVAL



CELEBRATING SOCIAL COHESION & WELLBEING

Sydney Haymarket

BADMINTON CHALLENGE



24-30
AUGUST 2026



**MARKET CITY
SHOPPING CENTRE**
9-13 Hay Street, Haymarket

RALLY • PLAY • CONNECT • THRIVE
THROUGH SPORT & WELLBEING



ALL AGES
ALL SKILL
LEVELS
WELCOME!

SMASH STRESS.
BOOST
WELLBEING.
BUILD
COMMUNITY.

JOIN US FOR A
WEEK OF SPORT,
WELLBEING & FUN
FOR EVERYONE!

SCAN TO RSVP!



MARKET CITY

LET'S COME TOGETHER

*Stronger
Through Sport!*



SPORTSFITNESSFESTIVAL.COM

#SPOFIFE2026

Event Programme

AFT International Sports Fitness Festival presents, Sydney Haymarket Badminton Challenge in conjunction with Move with Market City!

When: 24–30 August 2026

Where: Market City Shopping Centre, 9-13 Hay Street Haymarket, Sydney

Tickets: [Corporate Challenge](#) | [Public RSVP on-the-spot](#)

Day 1: Monday, 24 August 2026

Time	Program Flow
11:00 AM	Free Public Play
12:00 PM	Corporate Team 2401 (4-Pax) BOOK NOW!
1:00 PM	Corporate Team 2402 (4-Pax) BOOK NOW!
2:00 PM	Corporate Team 2403 (4-Pax) BOOK NOW!
3:00 PM	Corporate Team 2404 (4-Pax) BOOK NOW!
4:00 PM	Corporate Team 2405 (4-Pax) BOOK NOW!
5:00 PM	Free Public Play
7:00 PM	Close

Day 2: Tuesday, 25 August 2026

Time	Program Flow
11:00 AM	Free Public Play (no supervision required)
12:00 PM	Corporate Team 2501 (4-Pax) BOOK NOW!
1:00 PM	Corporate Team 2502 (4-Pax) BOOK NOW!
2:00 PM	Corporate Team 2503 (4-Pax) BOOK NOW!
3:00 PM	Corporate Team 2504 (4-Pax) BOOK NOW!
4:00 PM	Corporate Team 2505 (4-Pax) BOOK NOW!
5:00 PM	Free Public Play
7:00 PM	Close

Day 3: Wednesday, 26 August 2026

Time	Program Flow
11:00 AM	Free Public Play
12:00 PM	Corporate Team 2601 (4-Pax) BOOK NOW!
1:00 PM	Corporate Team 2602 (4-Pax) BOOK NOW!
2:00 PM	Corporate Team 2603 (4-Pax) BOOK NOW!
3:00 PM	Corporate Team 2604 (4-Pax) BOOK NOW!
4:00 PM	Corporate Team 2605 (4-Pax) BOOK NOW!
5:00 PM	Free Public Play
7:00 PM	Close

**the programme is subject to change.*

Day 4: Thursday, 27 August 2026

Time	Program Flow
	Free Public Play
11:00 AM	Community podcast interviews with Sydney Haymarket locals (presented by Jasmine & Nikki)
12:00 PM	Free Public Play
1:00 PM	Sports Inclusion Segment, featuring Para Badminton NSW coaches and players
2:00 PM	Opening Ceremony of the AFT International Sports Fitness Festival ft. Sydney Haymarket Badminton Challenge
2:05 PM	Keynote speech by a Badminton Pro Athlete
2:15 PM	City of Sydney Representatives and Haymarket community validate and witness Australian Book of Record Attempt
2:25 PM	Group Photo Opportunity
2:35 PM	City of Sydney Representatives and Haymarket community Come and Try Badminton!
2:45 PM	Badminton Pro / Para Demo Play
3:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
4:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
5:00 PM	Free Public Play
7:00 PM	Close

Day 5: Friday, 28 August 2026

Time	Program Flow
	Free Public Play
11:00 AM	Community podcast interviews with Sydney Haymarket locals (presented by Jasmine & Nikki)
12:00 PM	Showcase Match
1:00 PM	Sports Inclusion Segment, featuring Para Badminton NSW coaches and players
2:00 PM	Lucky Draw Fun and Games!
3:00 PM	Come and Try Badminton! Meet the Badminton NSW Coaches
4:00 PM	Come and Try Badminton! Meet the Badminton NSW Coaches
5:00 PM	Free Public Play
7:00 PM	Close

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Day 6: Saturday, 29 August 2026

Time	Program Flow
	Free Public Play
11:00 AM	AFT Podcasts: Community interviews with Sydney Haymarket locals (presented by Jasmine & Nikki)
12:00 PM	Showcase Match
1:00 PM	Sports Inclusion Segment, featuring Para Badminton NSW coaches and players
2:00 PM	World Badminton Day Dance Challenge Showcase
3:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
4:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
5:00 PM	Close

Day 7: Sunday, 30 August 2026

Time	Program Flow
	Free Public Play
11:00 AM	AFT Podcasts: Community interviews with Sydney Haymarket locals (presented by Jasmine & Nikki)
12:00 PM	Showcase Match
1:00 PM	Sports Inclusion Segment, featuring Para Badminton NSW coaches and players
2:00 PM	World Badminton Day Dance Challenge Showcase
3:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
4:00 PM	Come and Try Badminton: Meet the Badminton NSW Coaches
5:00 PM	Close

Official website: www.sportsfitnessfestival.com

Customer service: info@sportsfitnessfestival.com

Or call, 0426 381 741.

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Safety Procedures & FAQ

Closest emergency access

There are 11 exit points on Level 1. The closest access point will depend on the exact location of the incident. The most commonly used access points for medical emergencies are via **Thomas Street** or **Ultimo Road**, where ambulances typically park.

The closest exit to the activation area is next to **Thai Kee IGA**, marked with a purple circle in the diagram below, which exits onto **Hay Street**.
Diagram below.

Our security team are well trained in all emergency procedures, including medical emergencies, and would take charge in these situations to ensure the appropriate response is managed safely and efficiently.

Facilities available

Market City security staff are medically trained, and first aid certified and can provide basic first aid support if required. The centre also has access to two defibrillators, including one located at the **Level 1 Information Desk, next to Centre Court**. First aid kits, ice packs, privacy screen and a medical tent are also available.

Tent set-up location

The most practical location for a medical tent would be within **Centre Court**, on the court itself.

The closest outdoor area would be on **Thomas Lane**, however this may not be practical depending on the circumstances. Again, our security team would manage this process if required.

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For more information, contact the
AFT International Sports Fitness Festival
secretariat: info@sportsfitnessfestival.com

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