

10 August 2023

## Welcome to the #Move8 fitness movement

### Getting groups of people fitter, healthier & inspired!

It is with great honour that we invite your esteemed organisation to join the Move8 VR Walk-a-Hunt as a **Move8 Partner** in conjunction with the **AFT International Sports & Fitness Festival**.

**Move8** is a fitness advocacy platform that aspires to get more people in the Asia Pacific regions to **MOVE IT** starting at the workplace, in schools and bring the movement habit back home to our neighbourhoods. When you sign up as a **Move8 Partner**, everyone will benefit from free group fitness training sessions and fun team activities that are proven to help **improve workplace well-being**, decrease absenteeism, improve productivity and foster stronger relationships. When teams get active, they'll inevitably **grow stronger as a team**.

**Why are we doing this?** Rising rates of lifestyle diseases across the region are compromising our overall health! The time is NOW to take action and enjoy life to the full. #Move8 movement activities foster togetherness, teamwork and are good fun!

**Who can join?** Our programs are suitable for all levels of company executives from the boardroom to the factory floor - frankly, everyone and anyone can move it!

**How to join?** Send participants to join the #Move8 VR Walk-a-Hunt!

- A\$1,000 per group of up to 8 persons, or
- A\$5,000 per group of up to 20 persons

Packages include lunch, virtual show bag and 10% channeled to support programs about racial equity and racial harmony by registered charity, All Together Now as well as local community group, Soul of Chinatown Rice Fund. Details are listed overleaf.

Email us at [info@sportsfitnessfestival.com](mailto:info@sportsfitnessfestival.com) if you require further information.

Yours sincerely,

**Jasmine Low & Nikki Yeo** ACE/FMS

Co-founders, AFT International Sports Fitness Festival

## #Move8 Fitness Movement Partnership Agreement

I, ..... (first name, last name) am authorised by

..... (company name) as its appointed

..... (designation), would like to confirm our

participation for the following event, MOVE8 VR Walk-a-Hunt in conjunction with the AFT International Sports & Fitness Festival on 30th September 2023 flagging off at Darling Square Community Bank Branch - Bendigo Bank (11 Little Pier Street, Shop NE12, Haymarket NSW 2009).

Group 1 meets at 10:00am / Group 2 meets at 4:00pm.

Our company will send ..... (number of pax) and

pledge AUD ..... to the walk.

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(Signature)                      (Print Name & Designation)                      (Company Stamp)

### Terms:

- Cheques payable to: "GO INTERNATIONAL GROUP DOTCOM PTY LTD" or,
- Direct Bank Transfers to Bendigo Bank: "GO INTERNATIONAL GROUP DOTCOM PTY LTD", Unit 3, 66 Clark Road, North Sydney NSW 2060, Tel: +61426 381 741
- BSB 633000
- AC NO. 203 098 918
- Bendigo Bank Swift Code - BENDAU3B
- Type: Business Basic Account
- Email your payment receipt to [finance@gointernationalgroup.com](mailto:finance@gointernationalgroup.com).

## **FACT SHEET**

Website	: <a href="http://www.sportsfitnessfestival.com">www.sportsfitnessfestival.com</a>
Facebook	: <a href="https://www.facebook.com/afitnesstoday">https://www.facebook.com/afitnesstoday</a>
Instagram	: <a href="https://www.instagram.com/afitnesstoday.official">@afitnesstoday.official</a>
Hashtags	: #move8sydney #sportsequity #spofife
Email	: <a href="mailto:info@sportsfitnessfestival.com">info@sportsfitnessfestival.com</a>
Organiser	: Go International Group Dotcom Pty. Ltd.
Starting point	: Darling Square Community Bank Branch - Bendigo Bank
Route	: 3KM
Participant Fee	: Free for individuals
Corporate Groups	: A\$1000 per group of up to 8 persons : A\$5,000 per group of up to 20 persons
What's included	: Lunch pack and a virtual goodie bag with shopping vouchers to help boost and revitalise the economy in our host city.
Beneficiaries	: 10% of proceeds from the walk will be channeled to registered charity All Together Now to promote racial harmony as well as the Soul of Chinatown Rice Fund.
Children	: Children under 12-years old can participate for free but must be accompanied by a parent or legal guardian.
Inquiries	: <a href="mailto:info@sportsfitnessfestival.com">info@sportsfitnessfestival.com</a>



#DiversityByInclusion #SportsEquity

**AFT** International  
**SPORTS FITNESS FESTIVAL**



 **LIVE @AFT-TV**

**SIGN LANGUAGE & CAPTIONS AVAILABLE**



SCAN TO REGISTER



**30**  
SEP '23

- Move8 Fit for Good VR Hunt
- Eat for Good Secret Supper

**FREE ENTRY!**

**SYDNEY HAYMARKET**

DARLING SQUARE COMMUNITY BANK BRANCH - BENDIGO BANK

IN CONJUNCTION WITH SYDNEY STREETS HAYMARKET & MIDAUTUMN MOON FESTIVAL

Register for a **VIRTUAL** show bag!

[sportsfitnessfestival.com](https://sportsfitnessfestival.com)

