

10 August 2023

Welcome to the #Move8 fitness movement

Getting groups of people fitter, healthier & inspired!

It is with great honour that we invite your esteemed organisation to join the Move8 VR Walk-a-Hunt as a **Move8 Partner** in conjunction with the **AFT International Sports & Fitness Festival**.

Move8 is a fitness advocacy platform that aspires to get more people in the Asia Pacific regions to **MOVE IT** starting at the workplace, in schools and bring the movement habit back home to our neighbourhoods. When you sign up as a **Move8 Partner**, everyone will benefit from free group fitness training sessions and fun team activities that are proven to help **improve workplace well-being**, decrease absenteeism, improve productivity and foster stronger relationships. When teams get active, they'll inevitably **grow stronger as a team**.

Why are we doing this? Rising rates of lifestyle diseases across the region are compromising our overall health! The time is NOW to take action and enjoy life to the full. #Move8 movement activities foster togetherness, teamwork and are good fun!

Who can join? Our programs are suitable for all levels of company executives from the boardroom to the factory floor - frankly, everyone and anyone can move it!

How to join? Send participants to join the #Move8 VR Walk-a-Hunt!

- A\$1,000 per group of up to 8 persons, or
- A\$5,000 per group of up to 20 persons

Packages include lunch, virtual show bag and 10% channeled to support programs about racial equity and racial harmony by registered charity, All Together Now. Plus, an additional 10% in support of Port Karate's Karate Kids on the Spectrum so more children can have access to the dojo. Details are listed overleaf.

Email us at info@sportsfitnessfestival.com if you require further information.

Yours sincerely,

Jasmine Low & Nikki Yeo ACE/FMS

Co-founders, AFT International Sports Fitness Festival



#Move8 Fitness Movement Partnership Agreement

I, (first name, last name) am authorised by
..... (company name) as its appointed
..... (designation), would like to confirm our
participation for the following event, MOVE8 VR Walk-a-Hunt in conjunction with the
AFT International Sports & Fitness Festival on 4th & 5th November 2023 flagging off at
Panthers Port Macquarie at 8:00am.

Our company will send (number of pax) and
pledge AUD to the walk.

4th November at 8:00am

5th November at 8:00am

(Signature) (Print Name & Designation) (Company Stamp)

Terms:

- Cheques payable to: "GO INTERNATIONAL GROUP DOTCOM PTY LTD" or,
- Direct Bank Transfers to Bendigo Bank: "GO INTERNATIONAL GROUP DOTCOM PTY LTD",
Unit 3, 66 Clark Road, North Sydney NSW 2060, Tel: +61426 381 741
- BSB 633000
- AC NO. 203 098 918
- Bendigo Bank Swift Code - BENDAU3B
- Type: Business Basic Account
- Email your payment receipt to finance@gointernationalgroup.com.

FACT SHEET

Website	: www.sportsfitnessfestival.com
Facebook	: https://www.facebook.com/afitnesstoday
Instagram	: @afitnesstoday.official
Hashtags	: #move8portmacquarie #sportsequity #spofife
Email	: info@sportsfitnessfestival.com
Organiser	: Go International Group Dotcom Pty. Ltd.
Venue partners	: Panthers Port Macquarie
Route	: TBA.
Start point	: Town Beach
End point	: Panthers Port Macquarie
Participant Fee	: Free for individuals
Corporate Groups	: A\$1000 per group of up to 8 persons : A\$5,000 per group of up to 20 persons
What's included	: Lunch pack and a virtual goodie bag with shopping vouchers to help boost and revitalise the economy in our host city
Beneficiaries	: 10% of proceeds from the walk will be channeled to partner charities like AllTogetherNow and a further 10% will be donated to Port Karate (Karate Kids on the Spectrum).
Children	: Children under 12-years old can participate for free but must be accompanied by a parent or legal guardian.
Inquiries	: info@sportsfitnessfestival.com



#DiversityByInclusion #SportsEquity

AFT International
SPORTS FITNESS FESTIVAL



 **LIVE @AFT-TV**

SIGN LANGUAGE & CAPTIONS AVAILABLE

ILLUSTRATIONS FROM LEFT TO RIGHT BY GEORGIANO, SKETCHIFY, FORUI & ABBY DESIGN VIA CANVAPRO



4-5 NOV '23

**PORT MACQUARIE
Birpai Land**

- Sports & Fitness Expo
- Health & Beauty Bazaar
- Health Talks
- FEYST Youth Activities
- Move8 Fit for Good VR Walk
- Eat for Good Secret Supper

sportsfitnessfestival.com

FREE ENTRY!
SCAN TO REGISTER

